

# Welcome

Dear Friends in Kinesiology,

We are so glad to have you here with us in the very first Kinesiology conference on Chinese soil. It is a development landmark for Kinesiology in this part of the world. We have accumulated a “critical mass” of practitioners and experience to start this group sharing exercise to enhance our own standard and promote further innovation.

In the early summer of 2001, we went trekking in Mount Lu in Mainland China. Deep in a valley at the foot of the mountain was the thousand-year-old College of the White Deer Cave (a museum now), which was the first formal university for the general public in Chinese history. The antique student dormitory is now a neat little hostel in which a scholarly atmosphere still lingers. Standing in awe in the courtyard, we imagined ourselves studying together with our ancient counterparts. It was then that we conceived of the idea of organizing this Kinesiology conference.

In Riccione, Italy the late summer of last year attending the annual Touch for Health Kinesiology world conference, we were impressed by how lively and creative the Italian Kinesiology community there had been. We said to ourselves, “why should the Chinese community be otherwise?” We sprang to action. After we were back in Hongkong, we started to write down our insights and discoveries while asking around for others’. Soon, we found that we had enough materials for a one-day event. So, here we are!

Our original intention was that the conference was for internal sharing and socializing among Kinesiologists only. We set it to be a non-profit, private event this time, with the concurrence of most Kinesiologists we knew here in Hongkong. As the project was baking in the oven, the smell somehow attracted people from other walks of life to pop in their heads to check out. There were parents, healers, therapists, educational professionals and so on. This gave us another idea. Some Kinesiologists among us might someday volunteer to organize some Kinesiology fair for the general public, maybe, even make it a profitable event.

Anyway! Please enjoy the speeches for the moment and learn from the speakers, my fellow Kinesiologists and Kinesiology students. Be prepared that in the future, you will be out on the stage to share your own findings to help others grow. Now, let us thank the speakers who have so generously offered their time and insights to make this event a reality. Let us also thank Mrs. Wendy Cheng and Ms. Susan Wong for being the Masters of Ceremony for today.

Amy Choi & Conrad Ho  
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